Southern California Sliding Scale Counseling Clinics

*Sliding fee scales & languages at each location are subject to change.
(Last updated: March 2020)

USC Psychology Services Center
3620 S. McClintock Avenue, SGM 1030
Los Angeles, CA 90089 - (213) 714-1600
https://dornsife.usc.edu/usc-psc
- Services: Individuals, Couples, Family, Group
- Fees: $20 assessment; Sliding Scale appts.
- Psych Assessment: $500.
- Hours 10am-8pm, M-Th; closed university holidays

Pepperdine University - West LA Community Clinic
6100 Center Drive; Los Angeles, CA 90045
(310) 568-5752
https://gsep.pepperdine.edu/about/clinics/west-los-angeles/
- Services: Individual, Couples, Family, Group and Educational Assessment
- Fees: $15-$90; average $35. Intake: $25
- Hours:

Pepperdine University - Irvine Community Clinic
1811 Von Karman Avenue; Irvine, CA 92612
(949) 223-2570
https://gsep.pepperdine.edu/about/clinics/irvine/
- Specialty: Substance Use, Domestic Violence, Grief, Postpartum Depression, Single Parenting
- Services: Individual, Couples & Group therapy
- Fees: Sliding scale; call for rates.
- Hours:

Pepperdine University - Encino Community Clinic
16830 Ventura Blvd., #200; Encino, CA 91436
818.501.1678
https://gsep.pepperdine.edu/about/clinics/encino/
- Services: Individuals, Couples, Family & Group
- Fees: Sliding scale
- Hours: M-F; evenings available.

Los Angeles LGBT Center
1625 N. Shrader Blvd., LA, 90028; 323-993-7500
https://lalgbtcenter.org/health-services/mental-health/
- Services: Individuals, Couples, Groups
- Groups: Harm Reduction, Substance Use
- Fees: Based on income; MediCal Accepted
- Languages: English, Spanish
- Hours: Contact for Appts.

Wright Institute Los Angeles
11845 W. Olympic Blvd., Suite 505W; LA; 90064
www.wila.org / (424) 371-5191
- Services: Individuals, Couples, Family & Group
- Specialty: Mental Health Stigma, Sexual Assault, Social Justice
- Fees: Sliding scale determined at intake
- Languages: Call to inquire
- Hours: 8am-9pm M-Th, 8am-5pm F

Pacific Clinics
Los Angeles, San Bernardino, Orange, Ventura
www.pacificclinics.org / 877-722-2737
- Specialty: MH, Substance Use, Employment, Housing, Head Start - Case Management Services
- Services: Individuals, Couples, Family –all ages
- Fees: Sliding Scale / Low Income
- Specialties: Latino, API, Armenian Communities

Open Path Collective - Los Angeles
https://openpathcollective.org/city/los-angeles/
Sliding scale: $30-$60 Individual; $30-$80 for couples or family/must start paying $59 lifetime membership fee
Various locations throughout Los Angeles.

Southern California Counseling Center
5615 W. Pico Blvd., Los Angeles, 90019
323.937.1344 / www.sccc-la.org
- Services: Individual, Couple, family, group, psychiatry (current clients only)
- Fees: Intake $20; sliding scale $15-$90
- Languages:
- Hours:

Center for Community Counseling and Engagement
4283 El Cajon Blvd. Suite 215; San Diego, CA 92105
(619) 594-4918
www.centerforcounselling.org
- Services: Individual, Couples & Group
- Fees: Sliding Scale
- Languages: Spanish
- Hours: M-Th 9A-8P; F 9A-4P

Center for Mindful Relationships
2333 1st Avenue, #203; San Diego, CA 92101
(619) 354-1005
https://cfmrsandiego.com/
- Specializes in: Grief, Family/Friend MH support, DV support
- Services: Individual, Couple & Group therapy
- Fees: Sliding scale $40+
- M-F: 9A-9P; Sa: 9A-3P
Narrative Initiatives - San Diego
James Goodrich Whitney Clinic
3636 5th Avenue; San Diego, 92103, 619-786-7184
https://www.nisdcounseling.org/
- Services: Individual, Couple, Family, Group
- Languages: Many; call for list.
- Fees: $25-$50/session.
- Hours: 8A-9P M-F; 8A-6P Sa

Imperial Beach Community Clinic
1016 Outer Road; San Diego, CA 92154
(619) 429-3733; www.ibclinic.org
- Services: Individual, Groups, Psychiatry
- Fees: Sliding scale $35+ / MediCal and many insurance plans
- Languages: English, Spanish

San Ysidro Health Center
905 S. Euclid Avenue; San Diego, CA 92114
619-662-4100
http://www.syhc.org/services/behavioral-health/
- Services: Individual, Couples, Family & Group therapy; substance abuse, case management
- Fees: MediCal accepted; affordable sliding scale.
- Languages: Spanish, Mandarin
- Hours: 8am-5pm, M-F

Olive Branch Counseling
4041 Brockton Ave; Riverside, CA 92501
909-989-9030; obcc@olivebranchcounseling.org
- Services: Individual, Couples and Family & Group therapy- all ages
- Fees: Many Insurance Plans Accepted; sliding scale as needed. Website for details.
- Languages: English and Spanish
- Hours: 9am-8pm M-F; Sat 9-5p

MediCal Mental Health Access Lines
San Bernardino County: 888.743.1478
Los Angeles County: 800-854-7771
Imperial County 800-817-5292
Orange County 855-OC-LINKS
Riverside County 951-358-4700
San Diego County 888-724-7240

Last Edited: ML; Mental Health Case Manager; 04/08/2020